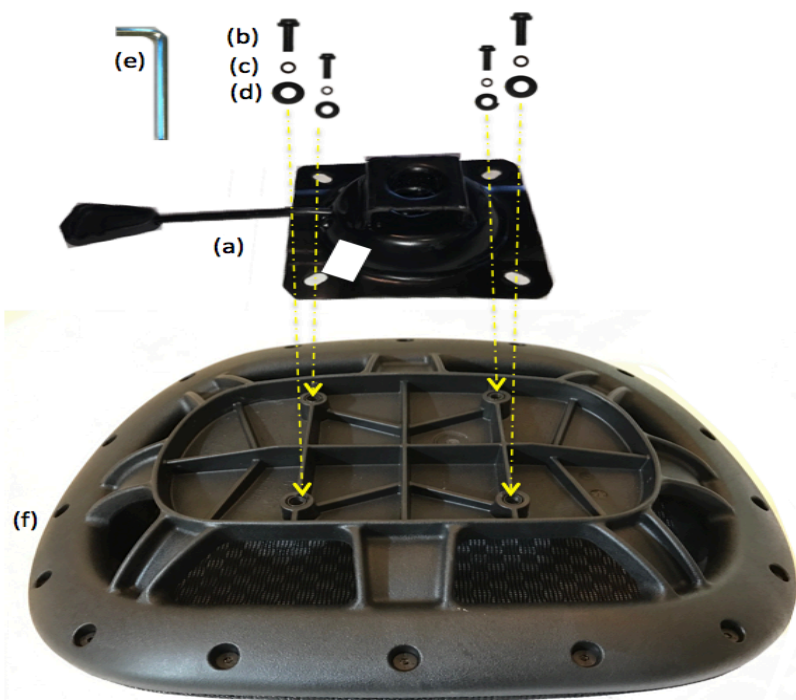


Step One Parts Included:

- a) Seat mounting bracket (1)
- b) 1 ¼" screws (4)
- c) Lock washers (4)
- d) Flat washers (4)
- e) Allen wrench (1)
- f) Saddle seat (1)

Step One Instructions:

1. Flip the saddle seat (f) upside down.
2. Lay seat mounting bracket (a) on bottom of saddle seat (f) and align holes on seat mounting bracket (a) with those on the bottom of saddle seat (f) with adjustment arm pointing toward the longer dimension.
3. First, place locking washers (c) on the 1 ¼" threaded screws (b) followed by flat washers (d) as shown in diagram on left.
4. Tighten with fingers until Allen wrench (e) is needed. Finish tightening all 4 screws (b) with Allen wrench (e) until snug.

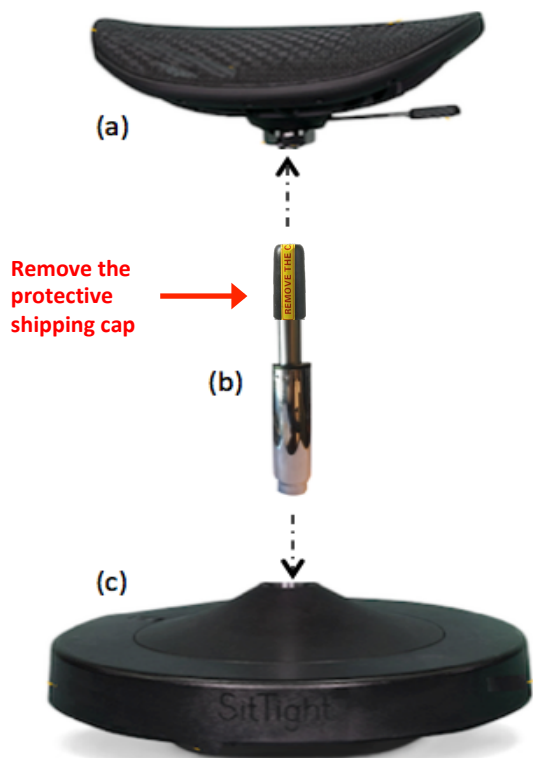


Step Two Parts Included:

- a) Saddle Seat with attached seat mounting bracket
- b) Pneumatic cylinder
- c) Base platform

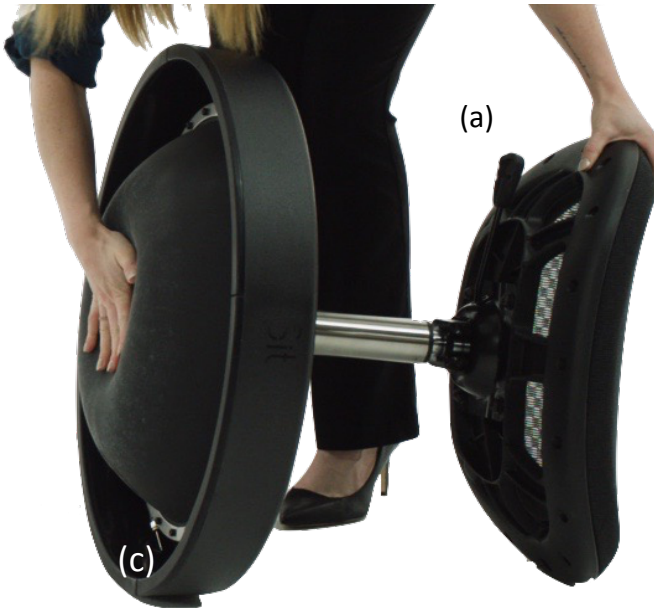
Step Two Instructions:

1. Place the bottom (wide end) of pneumatic cylinder (b) into the hole in top of base platform (c). *These parts will be locked into place in step four.*
2. **Remove the protective shipping cap from the top of the pneumatic cylinder (b).**
3. Place hole in bottom of mounting seat bracket (a) over the top (narrow end) of pneumatic cylinder (b). *These parts will be locked into place in step four.*
4. Sit down on the assembled SitTight to permanently pressure-seat (lock into position) the pneumatic cylinder (b) into the saddle seat (a) and base platform (c).



Step Three Parts Included:

- a) Assembled SitTight
- b) Air pump



Step Three Instructions:

1. Adjust the air pressure in the air bladder using the air pump by moistening the air pump needle and inserting it into the needle valve of the air bladder at a 90° angle. Add air by pumping the ball or remove it by opening the valve on the air pump. Do not over inflate! Air bladder should be soft enough to flatten out to the size of your entire hand when pushing on it.
2. Store the air pump under the base platform by placing it between the outside edge of the air bladder and the inside edge of base platform (c).



Assembled SitTight separates into two pieces so that the footrest platform can be used for *“balanced active standing”* and for easier transportation.

Instructions:

1. Unlock the sliding tab (c) on top of the base platform by sliding the arrow towards the outer edge.
2. Holding onto the pneumatic cylinder (b) with both hands, turn it counterclockwise until the triangle (located across from to the sliding tab) is lined up with the circle.
3. Lift straight up on the Saddle Seat (a) to separate the two pieces
4. Reverse steps 1 – 3 to reassemble SitTight.